

SAMPLE MENU

CAFFE ITALIANO

PANINIS:

Ham, Brie, Basil & Beef Tomato £3.50
A combination of Ham and basil with layers of Brie and Fresh Beef tomato.

(v) Roast Mediterranean Vegetables with Mozzarella £3.50
Tomato, peppers and courgette roasted in olive oil, basil and garlic with melted mozzarella

Italian Club Panini £3.75
Slices of mozzarella, herbed ham, Salami and black olive tapenade.
Pesto Chicken with mushroom & Mozzarella

Chicken Italiano £3.75
Slices of chicken with pesto, mushroom and melted Mozzarella

Breakfast Panini £3.75

SANDWICHES & WRAPS:

Tuna Nicoise £2.75
Tuna, Black Olive tapenade, boconcini (mini mozzarella) and mixed leaves with a light mustard vinaigrette

Chicken Caesar £2.75
Chicken breast and Parmesan with tomatoes, mixed leaves and our Caesar dressing.

Prawn, Avocado and Aioli £2.75
Plump prawns with slices of fresh avocado and a mild garlic mayonnaise

Provelone Pesto & Tomato £2.75
Sliced Provolone cheese, basil pesto and fresh tomato

SALADS:

Mediterranean Cous Cous £2.75
Cous Cous, chick peas, olives, red and yellow peppers and a hint of coriander with mixed leaves and a lemon dressing.

Three Bean with Sun kissed tomato and Mozzarella £3.50
Chick peas, kidney and haricot beans sun kissed tomatoes lack olives mozzarella and mixed leaves with a vinaigrette dressing.

Tuna Nicoise £3.50
Flaked Tuna, sliced potato, cherry tomatoes, green beans, black olives and egg on a bed of mixed lettuce with a lemon and mustard vinaigrette dressing.

Penne pasta with chicken olives and Parmesan £3.50
Penne pasta tossed in basil and olive oil with slices of chicken,

FRESH WATER & JUICES:

Carrot ~ with a dash of fresh
ginger root £1.50

Fruit Juice ~ apple, orange and
passion fruit £1.50

Highland Spring ~ Sparkling or
Still Water £1.25

Pomegranate £1.95

Simpson's Apple Flavoured Still
Water £1.20

Freshly Squeezed Orange Juice
£1.50

Simpson's Citrus Water
£1.20

SOUP:

Mediterranean Vegetable £2.50
Sun dried Tomato and Basil £2.50

TREATS

Fruit Salad £1.75
Almond Croissant £1.70
Pain au Chocolat £1.50
Chocolate Muffin £1.70
Blueberry Muffin £1.70
Lemon & Amaretti Torte £1.75
Organic spicy Ginger Cake £1.75
Mini Chocolate Panatone £1.70
Mini Classic Panatone £1.75
Sea Salt & Balsamic Vinegar crisps £1.00
Sea Salt Crisps £1.00

I TIERRA LAVAZZA COFFEE (THE RAIN FOREST ALLIANCE)

Our coffee is characterised by aromatic notes and floral sweetness together with a good body.

It is made by blending green coffee beans grown exclusively from the communities' involved - boasting complete traceability.

Americano Regular £1.70
Americano Large £1.90
Cappuccino Regular £1.90
Cappuccino Large £2.20
Latte Regular £1.90
Latte Large £2.20
Espresso £1.30
Double Espresso £1.65
Frappuccino £1.90
Mocca Latte £2.20
POTS OF TEA £1.50

SMOOTHIES:

100% Pure and fresh fruit in all our smoothies –
Nothing else – no sugar – no water – no concentrates!

Each Smoothie contains over three-quarters a pound
of fruit – which is quite a lot. Your recommended
daily in take in fact.

Cranberry & raspberry £2.50
Strawberry & banana £2.50
Mango & passion Fruit £2.50

TO GO ~ LAVAZZA COFFEE SACHETS & BEANS

Espresso Coffee – Small Filter sachet £1.49
270g Espresso Beans £2.95
1KG Bag £15.00